

# VISION AND HEALTH HISTORY

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## VISION HISTORY

When was your last eye examination? \_\_\_\_\_ Examiner: \_\_\_\_\_

Have you ever worn prescription glasses? No\_\_\_\_ Yes\_\_\_\_

Age of current glasses \_\_\_\_\_

Does your driver's license indicate you are required to wear glasses to drive? No\_\_\_\_ Yes\_\_\_\_

Class of driver's license: \_\_\_\_\_

Have you ever worn contact lenses? No\_\_\_\_ Yes\_\_\_\_

Type: \_\_\_\_\_ Soft contact lenses

\_\_\_\_\_ Gas permeable contact lenses

\_\_\_\_\_ Hard contact lenses

Are you interested in wearing contact lenses? No\_\_\_\_ Yes\_\_\_\_

Have you ever done vision training? (Eye exercises / patching) No\_\_\_\_ Yes\_\_\_\_

Occupation: \_\_\_\_\_

Hobbies: \_\_\_\_\_

Please estimate your screen time: \_\_\_\_\_ None

(computer/tablet/phone/laptop) \_\_\_\_\_ Occasional/ noncontinuous

\_\_\_\_\_ Moderate (approximately 2 hours per day)

\_\_\_\_\_ Greater than 2 hours per day

Does your occupation/hobby require safety glasses? No\_\_\_\_ Yes\_\_\_\_

Do you use sun protection for your eyes when outdoors? No\_\_\_\_ Yes\_\_\_\_

Have you ever had: Eye surgery? No\_\_\_\_ Yes\_\_\_\_

Eye injuries? No\_\_\_\_ Yes\_\_\_\_

Eye infections? No\_\_\_\_ Yes\_\_\_\_

Complications from contact lens? No\_\_\_\_ Yes\_\_\_\_

Dry eye? No\_\_\_\_ Yes\_\_\_\_

Crossed eye (strabismus)? No\_\_\_\_ Yes\_\_\_\_

Lazy eye (amblyopia)? No\_\_\_\_ Yes\_\_\_\_

Glaucoma? No\_\_\_\_ Yes\_\_\_\_

Cataract? No\_\_\_\_ Yes\_\_\_\_

Retinal detachment? No\_\_\_\_ Yes\_\_\_\_

Macular degeneration? No\_\_\_\_ Yes\_\_\_\_

Other vision disorders? No\_\_\_\_ Yes\_\_\_\_

## **FAMILY HISTORY**

Have your blood relatives (including parents, grandparents, siblings) ever had:

Glaucoma?	No_____	Yes_____
Cataract?	No_____	Yes_____
Retinal detachment?	No_____	Yes_____
Macular degeneration?	No_____	Yes_____
Blindness?	No_____	Yes_____
Other vision disorders?	No_____	Yes_____

## **MEDICAL HISTORY**

**Past and present illnesses, as well as medications, can result in visual complaints. Please answer the following questions as accurately as possible.**

Family Physician: \_\_\_\_\_

Have you ever had any of the following:

High blood pressure?	No_____	Yes_____
Heart disorders?	No_____	Yes_____
Diabetes?	No_____	Yes_____
Arthritis?	No_____	Yes_____
Thyroid disorder?	No_____	Yes_____
Stroke?	No_____	Yes_____
Epilepsy?	No_____	Yes_____
Allergies?	No_____	Yes_____
Allergies to medication?	No_____	Yes_____

Other general health concerns: \_\_\_\_\_

Are you currently a smoker? No\_\_\_\_\_ Yes\_\_\_\_\_

Are you a former smoker? No\_\_\_\_\_ Yes\_\_\_\_\_

Please list current medications you are using, including eye drops and supplements:

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Please tell us how you were referred to this office: \_\_\_\_\_

I would like a summary report of my examination today sent to my family physician. No\_\_\_\_\_ Yes\_\_\_\_\_